

# Empowerment to Change the Food Environment

The goal of this survey is to learn about your opinions on the grocery store options in your neighborhood and your ability to influence this environment.

Your participation in this survey is completely voluntary, and your answers will be kept confidential. The information you provide will be used to improve our programming. This survey should take 5-10 minutes to complete.

*This survey was partially adapted from L.A. Dibsall, N. Lambert, R.F. Bobbin, L.J. Frewer, M. Preville, R. Hebert, et al. (2003) Low-income consumers' attitudes and behaviour towards access, availability and motivation to eat fruit and vegetables. Public Health Nutr, 6 (2), 159-168.; and Sandvik, C, Gjestad, R, Brug, J et al. (2007) The application of a social cognition model in explaining fruit intake in Austrian, Norwegian and Spanish schoolchildren using structural equation modelling. Int J Behav Nutr Phys Act, 4 (57) by the CUNY Urban Food Policy Institute.*

1. For each statement below, put an “X” in the box that best indicates how much you personally agree or disagree with that statement. Use the scale of 1 (Strong Disagree) to 5 (Strongly Agree). If you don’t understand a statement or don’t have an opinion, please select “Does Not Apply”.

	Strongly Disagree				Strongly Agree	Does Not Apply
	1	2	3	4	5	
I am satisfied with the store where I buy most of my food.	<input type="checkbox"/>					
If I decide to grow my own food/herbs, I can do it.	<input type="checkbox"/>					
If I decide to eat fruit and vegetables every day, I can do it.	<input type="checkbox"/>					
I feel confident speaking to community leaders about my ideas to improve the grocery options in our neighborhood.	<input type="checkbox"/>					
If I decide to make a difference in my neighborhood, I can do it.	<input type="checkbox"/>					
I know what changes I would like to see in my neighborhood’s grocery options.	<input type="checkbox"/>					
I feel that I am able to influence the availability of fresh fruits and vegetables in my neighborhood.	<input type="checkbox"/>					
This community has been successful in getting the needs of its members met.	<input type="checkbox"/>					

2. Please add any additional comments on the statements above.