

Winners

Philip Bungay and Martin Nagler have pulled together the groups supporting those with a variety of neurological conditions under the umbrella group of the **Medway Neurological Network**. They lead and coordinate regular meetings of representatives from the Medway groups supporting Dementia, Parkinsons, MND, MS, to name just a few. They attend 'neurological cafes' several times a week promoting the work and support of the groups for those affected by neurological conditions.

Taking this a step further they were behind the idea of the Neuro Arts Festival, which took place in Eastgate House Gardens during the summer of 2019. This weekend- long event was to promote the benefits of the creative arts in living with neurological conditions.

Runners up

John Portman has been a volunteer for the **Alzheimer's Society** for 6 years. He runs the Rochester Dementia Café and is involved in running a dementia friendly church service. He is committed to supporting people in Medway living with dementia.

Mike Rowley has worked for **Foodbank** since its inception in 2011 both in the centre and as an adviser at the Salvation Army foodbank in Chatham. He offers support to those in need, providing a sympathetic ear and signposts clients to the appropriate help.

Jackie Phillips has volunteered at the **Wisdom Hospice** for almost 25 years supporting the housekeeping team and she also provides support to the volunteers and parents who use the **Parents Pop-In** at St Peter's Church, Rochester.

Lilian Lyons volunteers for the **Royal Voluntary Service** both within the centre, ensuring that new people are made welcome and special, and as a Befriender visiting people that are housebound at least once a week.

Nicola Wilson volunteers at **Infinity Life Skills** as a learning support assistant. From her own experience, Nicola can understand the needs of someone with a learning difficulty and is able to make suggestions to assist the tutor.

Louise Fox volunteers as a learning support assistant at **Infinity Life Skills**, having once been a student there. She understands the support needed within an educational environment and acts as a buffer between the trainees and tutor.

Ron May has been supporting families through **Home-Start Medway** since 2017. Known as the biscuit man, Ron is the "grandfather" a lot of families' children do not have and, aged 80, he is Home-Start's resident Santa Claus.