



## Woburn, MA



Welcome to **Windrose at Woburn**, an assisted living community dedicated to seniors with Alzheimer's disease and related forms of memory loss.

Our memory care program at Windrose at Woburn is intentionally called ThriveCare® after our desire to help our residents truly thrive despite the limitations of their memory loss. To us, that means designing a thoughtful rhythm to their day that includes all of the research-proven components of good care for those with Alzheimer's and related dementias.

In addition, exclusively at Windrose communities, we offer **Behavior-Based Ergonomics Therapies (BBET)** – an award-winning individualized activities program for Alzheimer's/dementia residents.

The BBET Program consists of four therapies customized to each individual resident's interests and capabilities (as a complement to group activities):

- Music Therapy
- Video Therapy
- Stimulating Therapy
- Memory Prop Therapy



### PROPERTY HIGHLIGHTS:

- 35 Apartment Suites
- Licensed, dementia-trained nursing staff onsite 24-hours a day
- Extended nursing care and elevated staffing levels
- Physician, dietitian, psychiatrist, pharmacy, and podiatry services available
- Physical, occupational, and speech therapies
- Individualized diets (and personalized family meals catered on request)
- Community education and support group

#### WINDROSE AT WOBURN MANAGEMENT OFFICE

857 Main Street  
Woburn, MA 01801  
Phone: (781) 935-3333  
windrosewoburn.com

