

NEWFOUND • OWATONNA Call of the loon

Reflection of perfection is our aim



FALL 2015



The Most Important Thing...

WE asked our 2015 Newfound and Owatonna campers and staff, "What was the most important thing that you learned at Camp this summer?" We received answers from campers and staff from Maine to California to Dakar, Senegal. Here is a sampling of some of what we all learned at Newfound and Owatonna last summer:

I learned the importance of gratitude. Each day is full of activity and it's easy to get whisked away in all of the fun and not take the time to truly appreciate all of the joy that one has experienced. I was blessed with many opportunities to step back and quietly observe the Love and Life that surrounded me. I enjoyed seeing the freedom and purity expressed by each camper on a daily basis. It is wholly refreshing to

acknowledge that the liberty that permeates Newfound and Owatonna is not limited to those physical locales.

Owatonna helps me with my leadership. Camp makes me want to be better at everything I do.

The values from Camp give me confidence in my daily life.

Friendship and responsibility.

That the Christian Science way of life is perfectly happy, healthy, fun and satisfying, and that this way of life meets every need.

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Call of the loon

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PROGRAMS

Camp Newfound for girls
Camp Owatonna for boys
Family Camp
Creative Arts Week

www.newfound-owatonna.com

Why Camp?

SETH JOHNSON, Executive Director

WHILE I never actually asked my parents why they sent me and my six brothers and sisters to Camps Newfound and Owatonna, and then got involved themselves, I'm sure the reasons are very similar to the reasons why my wife and I have sent our children to Newfound and Owatonna.

While the Camps provide children with an excellent camping experience where Christian Science is lived and loved, where there is fun and friendship and family, its purpose also is to support parents who are raising their children in Christian Science and provide a home away from home where children can grow spiritually.

At Camp, Christian Science is the foundation of everything we do. Christian Science is woven into camp life in a very simple and consistent way. Every staff member and camper brings their Bible and *Science Health with Key to Scriptures* by Mary Baker Eddy to Camp and marks their books every week. Campers along with their counselors read the Lesson from the books every morning during a 30-minute Quiet Hour. Following Quiet Hour in the cabin, the whole camp proceeds to the Lodge for Morning Meeting. There everyone sits quietly and listens to counselors or older campers read the section for the day followed by a sharing time. During the sharing time everybody has the opportunity to contribute what he or she is learning about God and Christian Science. Of course, then it's off to the races, and a fun-filled day of land and water sports, high ropes course, arts and crafts, or perhaps a walk down the Nature Trail. The Quiet Hour and Morning Meeting, however, were times, as I look back, when I began learning more about Christian Science and how to apply it in my activities, and I began to make it more my own. I can see that my parents wanted that hands-on experience working with the Bible and *Science and Health* that was a regular part of the camp program, and we wanted that for our children as well.

Another thing Camp did for me, was get me to Wednesday evening testimony meeting every week for seven weeks in the summer. Other than at Camp, I don't think I ever went to a Wednesday service until I was a young adult. At these services I heard how others were practicing Christian Science, and I occasionally gave a testimony myself. As I look back, Camp supported me in making Christian Science my own in ways I may not have gotten otherwise.

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Complemented by Sunday School each week, Quiet Hour, Morning Meeting, and Wednesday Testimony Meetings are a regular part of the weekly schedule. Camps Newfound and Owatonna provide an excellent program where children live with experienced Christian Scientists and learn to master skills, are challenged in their activities, and learn how they can apply Christian Science in their daily lives. Whether on a tough hiking trip, learning to water-ski for the first time, or mastering a new swim stroke, Camp provides the environment where children can learn and discover more about their true nature as unlimited children of God. We strive to provide a place where children are loved, have fun, have proper demands put on them, and, most important, have the opportunity to make Christian Science their own.



Johnson Family on the Point

From left to right: Todd, Seth, Joy, Sethaly, Clark, Glenn, Connie, Jann, and Seth (Chic)

So I think I now know why my parents sent me to Camp and why we sent our children to Camp, and I hope your children will join us at Newfound and Owatonna for a great summer in 2016!

The Greater Journey

2015 Newfound and Owatonna Trippers

THIS past summer, virtually every camper went on a trip, and a majority of the children went on an overnight wilderness adventure.

Camp sent out 31 trips, giving campers and counselors myriad opportunity to practice outdoor skills, bond with friends, and grow spiritually. We asked our trip counselors to provide a favorite memory from this past summer, and here's what they wrote:

From the banks of the Androscoggin River:

Ten boys, two counselors, and I canoed all day down the Androscoggin River. After setting up our tents, the campers tossed a football, lounged in hammocks, and explored the campground. Before bedtime, we sat by



the river, aglow with light from a full moon, to share gratitude.

One camper gave gratitude for the help another boy on the trip

had given him—suggestions on ways to get along with others when living with a group of boys. The first boy was new to Camp and had had a bit of trouble getting along with some of the other boys in his cabin. What courage this camper had to share such gratitude in front of his peers, and what true love the older boy expressed to skip playing with friends at the campsite and instead share advice with his new friend. Both boys came back from the canoe trip and enjoyed the last few weeks of Camp—making new friends in their cabins, waterskiing, climbing the high ropes—and continuing to be grateful for what they had learned on the canoeing trip.

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One of a Kindness

MARY VILLOCH, Newfound Director

During the off-season, I love to contemplate what makes Newfound so exceptional and how we can continue to grow. I believe the answer lies in having unity in thought and deed. In other words, having an established camp culture. The activities, location, friendships, and practice of Christian Science are integral to Camp's individuality, yet what makes Newfound unlike any other place on earth is its one-of-a-kind culture. The combination of our traditions, values, goals, and ideals create a distinctive environment. An effective culture is one that everyone can easily understand, articulate, and demonstrate.

So, you may be asking, what is the culture at Newfound? The two most deeply rooted and transformative components to the Newfound culture are an earnest love of living Christian Science and a community centered on sisterhood and service. The youngest campers learn this through the Heart of Newfound: love one another, be the best, and express gratitude. The CITs and the staff are accustomed to hearing me use the phrase 'Servant Leadership.' A servant-leader focuses primarily on the growth and well-being of others. She actively seeks ways to support and uplift those around her. A servant-leader finds joy in the success of others because she knows that the source of all good is Divine Love.

On the last night of Camp, I asked the campers and staff a few reflective questions, one of which was, "What did you cherish most this summer that you want to take home and share?" Here are some of the responses:

- Unselfed love
- An atmosphere of support and love
- A love that sees past differences
- Satisfaction in giving rather than receiving
- Seeing and loving everyone as God sees and loves them

- How to become a leader through serving others
- To feel happy seeing God expressed by everyone
- Confidence in the power of prayer and healing

As I listened to the girls, I thought to myself, "Woohoo, they get it!" Newfound campers and counselors are leaving Camp with an aspiration to help their communities and the world through loving, serving, and healing. The highest calling of leadership is to care and serve. This is the Newfound culture. Jesus personified the

virtue of servant leadership in his teachings and actions. He said "Rulers in this world lord it over their people, and officials flaunt their authority over those under them. But among you it will be different. Whoever wants to be a leader among you must be your servant" (Mark 10:42-45). Jesus led by example.

I recall a Saturday afternoon last summer when the four camp teams were at Alumni Field playing kickball. The time came for a young camper, who had been struggling with homesickness, to kick the ball. She wanted to skip her turn. The response from her team was powerful. Her teammates

rallied together, encouraging her to let her light shine. Eventually, this dear little one kicked the ball. She ran full speed to first base. Safe! Her teammates cheered her on, "Run, run to second base!" She went for it. Now on second, this camper continued to hear her teammates' enthusiasm, "You can do it, you can make it to third base!" She took a deep breath and ran with all her might to third base. As she rounded the base, the kickball flew toward the third baseman, who missed it. Watching the ball fly past her, she decided to take the plunge and head to home base. At this point, the game had almost come to a halt as the entire camp jumped up and down with joy, completely engrossed in her success. A smile broke through, and her eyes twinkled with confidence and courage. The entire team lined up to give her high fives as she returned to the





sidelines. Needless to say, this precious young lady was joyful for the rest of the session. That camper will forever remember the love and accomplishment she felt that day. The poet and author Maya Angelou sums this experience up with one of my favorite quotes: “I have learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.” Every single day, this kind of growth is happening at Newfound.

A girl from our Counselor in Training Program demonstrated servant leadership through having the courage to redirect two campers who had fallen prey to gossip. As she walked into the bathroom, the CIT heard two peers gossiping in the stalls. She simply said, “That kind of conversation isn’t acceptable at Camp... you can be the best and express sisterhood.” The campers shifted the conversation to talking about the qualities that they admired in their cabin mates. What a grand sense of love all around. No one took offense or blamed one another; instead, together they raised the bar. Why? Because we have a culture at Newfound that puts love first. We share an understanding that living a life of sisterhood and service keeps our thought aligned with God.

The campers and staff have heard me emphasize this many times: Live a life of use to others. I was inspired when I witnessed a camper return home from Flag Trip. After three days and two nights in the woods, the first thing she did when she came back into Camp was to walk around to the different activity areas to help others. She went to windsurfing where she helped the instructor put away all of the equipment from the day. Then she walked over to the kayak beach and put away seven kayaks without being asked. She helped her team captains clean up from Flag Trip before she headed to the showers. She understood that she did not need to grow weary in well doing, since man is never separated from ever-active Divine Mind.

Most important to this culture of service is to be disciplined about bringing everything back to God. The noblest employment is that of serving and expressing God. The incentive to highest service is love; and no process of reasoning can ever separate what Love has joined together—love and service.

What is learned at Camp doesn’t just stay at Camp. As your daughters come home to you after a summer at Newfound, take the time to learn from them. Grow together as a family. Partner with Camp in creating a culture of love and service, first to God and then to mankind. We rise by lifting others, and when we help bring out the best in others, we bring out the best in ourselves.

2015 HIGHLIGHTS

- Dance clinics, soccer clinic, basketball clinic, jewelry-making clinic
- Performances by “Jam and Bread,” a camp band
- New leadership roles for campers in Junior Flag Trip



- Abundant strength and persistence in Senior Flag Trip
- Seeing first-time waterskiers go from “I can’t” to skiing the entire lake
- New campfire site
- Second place in basketball tournament
- Camper reports to her parents, “I like to read the Lesson now!”
- Choreographed Flashmobs in the dining hall 1. CITs singing “We are the light of the world” 2. Campers singing songs from the movie “Annie”
- Mountain Mama running challenge
- Four on the Fourth
- New hit song for the Newfound songbook: “Newfound Days” by Wendy Walcoff
- Harrison Swim
- Service work with local communities
- Increasing love of the outdoors from phenomenal tripping and woodswomen programs



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THE MOST IMPORTANT

I really like how everyone is friends and everyone supports each other. It doesn't matter what type of shoes or clothes you wear: Everyone is friendly.

I learned that "Divine Love always has met and always will meet every human need" (S&H, 494). Staff members and campers alike experienced multiple healings and demonstrations of uplifting thought. Divine Love truly encompasses all!

That God is Love.

The importance of honesty with myself as well as with others.

How crucial Camp is to the Christian Science movement, because Camp is the only place where many of the campers, even children from active Christian Science families, regularly pray, study the Bible Lesson, and attend Sunday School.

To love one another.

The most important thing I learned at Camp this summer: There's no place like Camp. It is so good for us; it refreshes us, scrubs the dirt off, and brings us to higher, holier places.

That it's such a great Camp, I want to go back every year.



THING I LEARNED

HOW TO

- ...be brave and jump off the rope swing
- ...give a testimony and what it is
- ...communicate effectively and thoroughly
- ...be a leader
- ...get up on one ski
- ...swim

I learned the true meaning of teamwork — relying on others for every aspect of the day, like inspection and team sports.

Keep trying even when you think you can't do it.

I learned how important it is to share yourself.

I learned about leadership and taking charge, especially when I was on Junior Flag Trip and during Team Day.

That God takes care of all the details, even when humanly we have no idea how things will work out.

The most important thing I learned was how to connect with friends and learn about God.



Thank You, Dave

THANK YOU to Dave Pelton for his dedicated service as the Owatonna Director from 2013 to 2015. Dave directed Owatonna with kindness and compassion, and everybody—Newfound, Owatonna, and visiting families alike—loved it when he led us in song...especially his own “My Owatonna Home Away from Home” and “My Newfound Friend.”

Dave himself says it best: “I want to say how much I have enjoyed the past three summers. I am very grateful to Camp and will carry many positive thoughts with me as I move forward. Long Lake will always be my home away from home as I step down as Director and embark on a new chapter.”

Much love to Dave and his family, and we hope to continue to see much of them on the shores of Long Lake.

2015 HIGHLIGHTS



- Friendly competition of the Great Race
- Junior Division Night...Knight Night
- Sunday School classes
- Inter-camp games: baseball, soccer, Frisbee, flag football
- Sports night for evening activity
- Sportsmanship during Team Day
- Pits—great job CITs!
- Congo bar songs
- Four on the Fourth and lots of singing of The Star Spangled Banner
- Jr. and Sr. Division Flag Trips
- Joint testimony meetings at the Amphitheater
- Soccer, Frisbee, basketball, and music clinics
- Track meet with new records set!
- Cherry and Harrison swims with sticky buns!
- Gaga with the Scouts
- Developing a deeper understanding of God and Christian Science
- Night Before Christmas social
- Cabin 1 baking a cake for Way Out Cabin
- Mountain Man challenge
- Bumper tubing at beach parties!
- Capture the flag!



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From Diana's Baths:

It was a blessing to be part of the Newfound-Owatonna Trips program this summer! Firmly grounding thought upon “the Rock,” trusting that God gave man dominion over the earth and all the creatures in it, resulted in numerous harmonious experiences. One occurred as I prepared for the “swimming” trip: A high chance of rain was predicted for the afternoon—not good for our trip! I established that there was no chance that anything could take away the joy of the girls on this adventure, and specifically turned to *Science and Health*, “Accidents are unknown to God, or immortal Mind, and we must leave the mortal basis of belief and unite with the one Mind, in order to change the notion of chance to the proper sense of God’s unerring direction and thus bring out harmony” (424). As things unfolded, we were able to fully enjoy the hiking and swimming with only a small shower. The girls hiked, swam, and rejoiced in the beautiful vistas!

From atop Mt. Kearsarge:

One of my favorite moments from last summer was a trip I led up Mt. Kearsarge. Mt. Kearsarge is a great hike, and at the top there is an old fire tower that is no longer in use but is open to hikers. From the tower you get a fabulous 360 degree view of the White Mountains. When we arrived at the tower, there was no view due to the encircling clouds. We went up the tower anyway and all sat down on the porch to eat lunch. As we sat there eating our sandwiches and resting from our hike, one of the boys mentioned how special it was to be in the clouds and see them rush by. There was no traditional view, but it was beautiful seeing the clouds skimming the rocks and the top of the pines. Every once in a while there would be a gap in the clouds and you could see into the valley—it was spectacular, but so was the experience of being inside a cloud and seeing the boys appreciate the beauty of both.

From the Bigelow Range:

On the side of a mountain in the Bigelow Range, a four-person tent was lit dimly by a makeshift lantern—a headlamp strapped

around a green Nalgene water bottle. It was a Wednesday evening, and the four girls on our Oceans challenge backpacking trip had prepared Testimony Meeting readings for me and my co-leader. We all squeezed into the cozy tent. We were far away from Camp, but the spirit of Newfound sisterhood was more present than ever. What followed was my favorite Wednesday Testimony meeting ever. The first testimony came from a girl who was working through the challenge of competition and not being defined by or jealous of worldly accolades, and the other girls could relate to this challenge. From there, the meeting became a kind of late-night wilderness Sunday School class. We talked for more than two hours, unable to really see each other but listening intently. We peaked three mountains and scaled thousands of feet of elevation change on that trip, but this evening all huddled in the tent is what I am most in awe of. This is what camp trips are about at their core—the physical distance traveled on foot is only a small hint of the greater journey.

From the Newfound-Owatonna “trip shack”:

Trips not only allow young men and women to establish friendships but also provide the atmosphere to do so through recognizing the nothingness of limitation. For a tripper, the moment when your camper yells, “This is the coolest thing I have ever done!” while clamoring over boulders on the way to peak a mountain pretty much sums up the feeling one gets after that type of accomplishment. Yes, being out in the wilderness can be challenging, but nothing brings a group closer than scrambled brownies and portaging canoes. I have learned that laughter is a key element to any trip, and the campers do well at implementing it wherever they go. In my eyes, witnessing others doing just this is what makes these trips so rewarding. As this past summer’s trip director, I am filled with gratitude for the selflessness our trippers exemplified. Although the nitty-gritty details of preparation and planning are not always visible, they make each trip succeed. And the harmony of the group brings greatness to every Newfound and Owatonna trip.



The Secret of Family Camp

JENNIFER KUPINESE

WHEN I suggested that we go to Family Camp with a preschooler and toddler in diapers who still woke up in the middle of the night, my urban, never-camped, but very sweet husband checked online to see that there were hotels nearby to stay in “just in case.”

After our first full day at Newfound including dinner, get-to-know-you games, and a night in the cabin that I stayed in when I was a fourth grade camper, my husband asked, “Why didn’t we come sooner?”

He didn’t say this because of the food (which is great—Danielle can navigate any food need) or the activities (which include everything summer and fun). My husband was speaking about the tangible sense of love and care which is found at Family Camp.

The directors, counselors, and staff are encouraging, patient, and spiritually grounded. Three counselors shepherded my son through hours of woodworking, art, and archery. They each demonstrated what to do, supported his

work, shared his joy, and celebrated his accomplishments.

My daughter bravely navigated the high ropes course and got up on water-skis with the help of counselors who enthusiastically cheered her on and never allowed her to doubt her ability to do it. My husband even learned a metaphysical lesson or two from the counselor at the top of the zip-line when he hesitated to jump after climbing up what seemed like 500 feet.

I would be remiss if I didn’t mention one last exceedingly wonderful thing about Family Camp—the families! There are big and small families: couples with no children, singles, grown children, uncles and aunts, babies, little kids, big kids, and really big kids. Some families are full of Christian Scientists while others have only one or two practicing members. The secret of Family Camp is that it is one family!

We are already planning our fifth summer at Family Camp. We hope you’ll join us!

What's Afoot

DANIS COLLETT, Creative Arts Director

BA-DUM-BUM, ba-dum-bum, ba-dum-bum. As the first morning of Creative Arts Week got started, I could hear—above the music and Jerry Tassin calling out instructions—16 tentative tap shoes going ba-dum-bum on the resonant wood floor of Lower Lodge. Within an hour, it actually started to sound like a real tap routine—tap-a-tap-a-tap-thunk, tap-a-tap-a-tap-thunk! Midweek, one tapper whimpered, “He made it look like it was going to be so easy!” and then laughed. There’s lots of laughing at Creative Arts!

Do adults who venture to Creative Arts Week (CAW) for the first time or the umpteenth, come primarily for the footwork or photography, painting or prose, silversmithing or singing? I don’t think so. Mary Baker Eddy wrote about the Mother Church organ, “Art must not prevail over Science” (*Miscellaneous Writings*, 107). And that’s what the CAW experience is all about—Christian Science informing and enriching the arts and us.

In other corners of Camp, Deb Hensley was encouraging brave singers to try out inventive rhythms and sounds, while Paula Ensign guided a painter puzzling over how to see and render that tree. Nikki Paulk was demonstrating the care needed to solder silver, while Kim Shippey spread the wealth from a life of writing, and Lauren and Jamie Eichar shared their thoughtful photographic wisdom. And in all of these classes: stretching, growing, getting freer—learning to trust the safety of God’s creation—was what was really going on.

And what a week we had weather-wise! A year ago, lots of the CAW surveys had little notes in the margin like, “Please make it warmer!” This year, every mid-September day was sunny and in the 80s! This meant swimming between classes and comfy sleeping. Photo students eagerly went out at night to shoot the Milky Way from the fields. It was glorious.

So, to help ensure these delights, CAW 2016 will be held earlier from **Tuesday, August 23 through Tuesday, August 30**. This includes an added “free day” midweek to loll around Long Lake, set off to see the sea, buy boots at Beans, hike in the hills...simply to enjoy summertime in Maine. Such a treat that we hope you can enjoy with us in 2016.



ABOVE: Photography students enjoy a carriage ride after taking photos at Trippcrest Farm.

RIGHT: Nikki Paulk works with a student to finish a piece of jewelry.



Being an Artist in Residence

I always wanted writing to be a solitary pursuit. Being an Artist in Residence promised uninterrupted time to work. This would be novel. I finished my first children’s book while calling around for free cement for a playground installation. At CAW I never had to jump up and cook five hot dogs or stop a water fight in the sand box while doing revisions. Instead I was soothed by the distant thunder of tap class, and fed by kind cooks while discussing art with Christian Scientists. One evening, I read to everyone from my first book. The laughter was encouraging. I believed I might finish the fourth. Working at the Point with the lake on both sides was like being in the prow of a ship going somewhere. At CAW I realized I wasn’t going there alone.

— Maggie Lewis Thomas, author

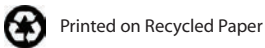
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Join us at Camp

We have a program just for you!

2016 CAMP PROGRAMS & DATES

Memorial Day Weekend	May 27 – May 30
1st session	June 18 – July 9
Two-week session	June 18 – July 2
2nd session	July 10 – August 6
Full session	June 18 – August 6
CIT	June 18 – August 6
Family Camp Week 1	August 8 – 14
Family Camp Week 2	August 15 – 21
Creative Arts Week	August 23 – 30

YOU'RE INVITED

CAMP

CHRISTMAS PARTY

SATURDAY, DECEMBER 5, 2015

◆ HUNT RECREATION CENTER ◆

90 STOW STREET

CONCORD, MA

6:00 – 9:00 pm

We will provide the pizza and s'mores.

Please bring an appetizer, drink or dessert to share.

RSVP: info@newfound-owatonna.com

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