STUDENT CHAIR & TABLE HEIGHT GUIDE

Enhancing student outcomes can be achieved by simply improving the quality of the learning environment. Selecting appropriately sized furniture is a key factor in positively influencing these environments. It is essential that chairs and tables are suitably sized for children's age and height, considering the average height range for each age group.

Grade 3-4

Grade 6-12

Grade 5

When selecting chairs, prioritize comfort, followed by factors like mobility (including stackability, the presence of castors, adjustability), and design. A vital guideline for a healthy posture is ensuring that a seated child's feet can touch the floor, with knees ideally forming a 90-degree angle. Tables, like chairs, should facilitate a comfortable and relaxed posture. This involves ensuring sufficient space under the table (typically 7"-10" from the tabletop) for knee clearance and allowing the elbows to rest easily on the table.

100%

50%

50%

100%

