#### Mission

"Families and Community Together (FACT) partners with youth, families, and their communities to develop plans that will help the youth achieve stability, positive change, and success at home, school, and in their community."

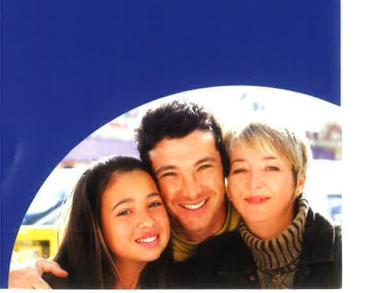
### Goals

To engage families in identifying needs of their children and to include them in planning and implementing service plans.

To create a partnership with community agencies and neighborhood groups to respond to the needs of the child and their family.

#### **Our Core Values**

- A commitment to preserve the family unit
- Planning that is child-centered with families as active team members
- Strength-based assessments of families
- Cultural competence of staff
- Commitment to continuous quality improvement





**Providing** 

Care Management

for the Children

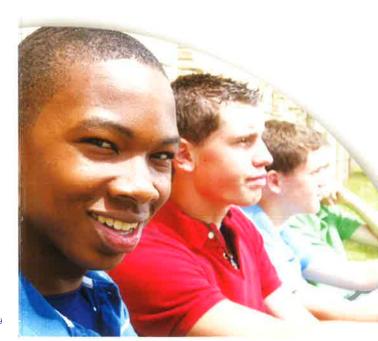
of Union County



Families and Community Together, Inc. 240 Sheffield Street
Mountainside, NJ 07092
Voice: 908-789-8500
Fax: 908-789-8508 • 908-232-5091
www.factnj.org



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# Families and Community Together (FACT)

Is a non-profit agency that provides assistance to families in Union County who have children with emotional, developmental, and behavioral challenges. FACT is part of New Jersey's Children's System of Care, a statewide network of organizations that help families get the services they need to care for their children's behavioral health needs.

FACT uses a family-oriented and community-based model that emphasizes the strengths of each family and identifies community resources to respond to family's needs. The goal of FACT is to keep children safe and stable in their homes, successful in schools and connected to their communities.



#### Process

FACT helps the family create a Child and Family Team, a group of family members, professionals and other concerned adults, which develops an Individualized Service Plan. This plan identifies the services needed by the child and family. FACT then identifies the community resources that provide the needed services and assists the family in accessing those services. FACT can also access informal resources that the family might need such as tutoring, mentoring or assistance with concrete needs. FACT monitors the progress of the child to determine if the services being delivered are the highest quality and the goals identified by the family are being achieved.

#### Referrals

A child's legal guardian must contact PerformCare, the Contracted Systems Administrator, to refer their child for behavioral health services. Enrollment is voluntary.

#### Our Partners

FACT works closely with the Union County Family Support Organization, which provides information, advocacy, and support to families whose children are enrolled in FACT.

All agencies and community organizations can be part of the network of care for FACT families. Collaborating services include clinical, educational, vocational and residential agencies, and groups that help the family establish strong, long-term bonds to the community such as support groups, faith communities, mentoring programs, sports and art programs.

## **Funding**

The New Jersey Department of Children and Families and Medicaid provide funding for FACT. There are no fees for participation in FACT.

## How to Get Help

If you need information about mental health services for your child and family, call:

#### PerformCare at 1-877-652-7624

When a parent or guardian calls PerformCare there is series of questions to determine if the child requires assistance through the System of Care.

PerformCare can provide the parent with information about mental health services available in the community. If the needs are greater, a clinical professional goes to the child's home within a week and meets with the child and the family to complete an assessment. The assessment determines which level of care the child and family can receive.

Moderate and intense care management is provided by FACT. Care Managers help families create Child and Family Teams that are led by the parent with the help and guidance of the Care Manager. The Child and Family Team helps support the family until the family learns how to use and manage services that are available to them in the community so that they become and remain independent beyond their time with FACT.

The Family Support Organization is available to all families without a referral. It offers parent-to-parent support and is run and staffed by family members who have children with emotional or behavioral challenges.

#### Our Services

- To provide intensive care management to children referred by the Department of Children and Families through the Contracted Systems Administrator, PerformCare, a central assessment agency
- To identify the resources necessary to meet the needs of the family
- To monitor progress toward the families' goals
- To support the development of community services for families