**Prevention in Action**

**Service Performance Indicators**

**FY 2021 Outreach Services**

**Current Services**

**Client Satisfaction/Follow-up Surveys**

All clients engaging in counseling services at Edmond Family Counseling are provided with a written satisfaction survey upon completion of their comprehensive treatment plan, treatment plan reviews and prior to discharge from services.

Additionally clients, who have previously given their consent at intake, may be randomly selected after discharge to participate and give input on service satisfaction via the client follow-up survey.

**FY 2020 Client Satisfaction Survey Results**

**100%** (\*) of surveyed participants indicated they

“felt involved in treatment planning”, “benefited from services” and “would refer others to EFC for services”

**90%** (\*) of surveyed participants indicated their “counselor was on time and kept scheduled appointments”

**100%** (\*) of surveyed participants indicated they “felt concerns were handled in a confidential way”

**1** participant indicated they “did not feel needs were met in a timely manner’

and

**2** participant reported they “had experienced problems accessing services”

***(\*)% of clients surveyed who responded they strongly agreed, agreed or somewhat agreed to survey questions***

All clients have the opportunity to evaluate EFC services on the agency’s social media platforms and on Google. Input provided by persons served online are collected and included in the agency’s annual management report.

**Stakeholder Satisfaction Survey**

This survey is sent to EFC stakeholders on an annual basis. Results of the FY 2021 surveys are available for review upon request.

**GirlStrong Day Camps**

Edmond Family Counseling received grant funding from the Oklahoma Office of Juvenile Affairs to host and facilitate a half-day (15 hour) day camp to provide upper elementary girls in the community the opportunity to access evidence based life skills instruction. 32 participants completed this program in June of 2021.

**Speakers Bureau**

In FY 2021, Edmond Family Counseling provided 41 mental health related trainings for the community which served 1986 individuals. These trainings focused on a wide range of psycho-educational and prevention topics, such as self-care, anxiety depression, anger management, emotional regulation, trauma and dealing with grief and loss.

**EFC Provides the Following Mental Health Services to the Community:**

* Individual, Couples and Family Outpatient Counseling Services
* 24/7 Crisis Intervention Services
* 24/7 On-call Assistance to the Edmond Police Department
* Mental Health Referral Resources
* 10 hour/24 Hour DUI Classes
* Adult and Juvenile Alcohol and Drug Assessments
* Edmond Juvenile Court Pre-Adjudicatory Assessments
* First Time Offender Program (SKILLS) for Juvenile Offenders and their Families
* Juvenile Substance Abuse Group
* KIC (Yoga for Juvenile Offenders)
* Adult and Juvenile Drug Testing Services
* BEEDMOND App
* Middle School Botvin LifeSkills groups
* 5th Grade LifeSkills Boot Camp
* “Calm Academy”- Teaching Emotional Regulation Strategies for the Elementary school Environment
* Small Counseling Support Groups for Boulevard Academy
* GirlStrong Day Camp services
* Mental Health Related Articles and Blogs
* Internship Program for Master’s Level Counseling Students
* Trainings for Mental Health Workers
* Speaker’s Bureau which provides mental health prevention and education trainings and workshops for organization and individual in our community.
* Founding Member of the Central Oklahoma Suicide Task Force and the Edmond Mental Health Substance Abuse Coalition

**Prevention Dollars and Cents\***

Effective school-based prevention programs could after two years implementation offer

taxpayers the following savings:

* $36 million to $199 million in juvenile justice costs
* $383 million to $2.1 billion in education costs
* $68 million to $360 million in health services costs

**(As per SAMHSA and CSAP data\*)**

**Edmond Mental Health Substance Abuse Coalition (EMHSAC)**

Understanding the need for professional collaboration, EFC has worked with local mental health providers and agencies to form EMHSAC. It is hoped that this organization will be able to provide professional training opportunities as well as identify quality referral sources for those in our community seeking mental health services.

High Level

$$$

Medium Level

Intervention

$$

**Levels of State and Community Funded Mental HealthCare**

**High Level of Care**

Inpatient and Residential program or secure facilities. Average spent per year per client: **$90,000+**

**Medium Level of Care**

Outpatient programs. Average spent per year per client: **$1,900**

**Low Level of Care**

Prevention and Psycho-educational programs.

Average spent per year per client: **$ 298**

Low Level

Prevention

$