

BOARD MEETING MINUTES EDMOND FAMILY COUNSELING, INC.

November 30, 2021

Therapist Showcase: John discussed a recent client intake and the use of different therapeutic techniques he has used for clients who struggle with expressing their needs verbally.

The meeting was called to order at 12:25 pm by Tim Bridges. Those in attendance were Tim Bridges, Donna Costello, Kathy Matthews, Aimee Yarbrough, Sarah Brown, and Mike Largent. Staff members: Sheila Stinnett, John Goetz, Justice Hernandez, and Lynn Reese **Absent:** Mary Johnston **Guests:** Bill Hesse, Bob Rowley, Lynne Rowley, Tracy Conrad

Consent Agenda Items Presented: A motion was made to approve the consent agenda by Donna Costello and seconded by Sarah Brown; the board unanimously approved. No items were pulled from the consent agenda.

Old Business:

Possible consideration and vote to approve employee health and dental insurance for 2022: Sheila discussed options for insurance plans next year. There was a 9% decrease for the BCBS Blue Advantage plan. A motion was made to switch to the Blue Advantage plan by Kathy Matthews and seconded by Donna Costello; the board unanimously approved. A motion to stay with the same Delta Dental plan was made by Donna Costello and seconded by Kathy Matthews; the board unanimously approved.

New Business:

Update on French Family Foundation grant proposal: The French Family Foundation granted Sheila's request for matching funds for this year's fundraiser. They will provide up to \$15,000 in matching funds.

Discussion on Office of Juvenile Affairs and Oklahoma Department of Mental Health and Substance Abuse Services grant awarded Botvin materials: OJA and ODMHSAS received a grant that allowed EFC to receive Botvin group curriculum materials. The grant requires that EFC report outcomes to OJA. The agency will be utilizing them for court and school groups.

Update on OAYS peer review: The OAYS peer review results came back with no deficiencies. There was one suggestion regarding client treatment plan goals.

Board Resources:

Possible consideration and vote to approve new EFC board members: A motion was made to add Bill Hesse, Bob Rowley, and Lynne Rowley to the EFC board by Kathy Matthews and seconded by Sarah Brown; the board unanimously approved.

Reminder of EFC board and staff Christmas party to be held at EFC on Dec. 10th at noon

Discussion on end of year giving: Tim Bridges encouraged board members to donate to the agency.

Legislative Focus of The Month: No report.

Committee Reports

Financial Committee:

- Possible consideration and vote to approve October 2021 Treasurer's Report: A motion to approve the October 2021 treasurer's report was made by Tim Bridges on behalf of the financial committee; the board unanimously approved.
- Update on addition \$1.5 million in legislative funding to youth service agencies: Sheila reported that a proposal from OAYS on the disbursement of legislative funds would award EFC \$30,000 over a three year period.
- Update on CARC grant: Sheila received this year's application for the CARC grant to be turned in by Dec 31st. The agency will be requesting the same amount as last year and it will be reviewed by the City Council at the end of January.


Fund Raising: No report

Hope for Families: There have been no meetings in 2021 and no major expenses. The committee plans to hold a meeting in January.

Public Relations: No report

Professional Development & Oversight Committee: No report

A motion to adjourn was made by Donna Costello and seconded by Bill Hesse. The board unanimously approved.

A handwritten signature in black ink, appearing to read "Tim Bridges", with a long horizontal line extending from the end of the signature.

Tim Bridges, President of the Board of Directors
Edmond Family Counseling, Inc.